

# REGINA PHELPS

President, Emergency Management & Safety Solutions Inc.

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## BACKGROUND

Regina Phelps is an internationally recognized expert in the field of emergency management and continuity planning. Since 1982, she has provided consultation and speaking services to clients on four continents. She is founder of Emergency Management & Safety Solutions, a consulting company specializing in emergency management, continuity planning, and safety. A partial list of clients includes Bank of Canada, McAfee, IMF, Microsoft, American Express, Northern Trust, Visa, Triton Container, Sony Playstation, Nike, Stanford University, Caltech Institute, JPL, MasterCard, and the World Bank.

Ms. Phelps conducts over 100 exercises per year for her large multi-national clients. She has lectured extensively at international disaster and business continuity conferences, including DRJ, CP&M, WCDM, and IAEM. Ms. Phelps is the author of three exercise design books: *Emergency*

*Management Exercises: Exercise Design, From Response to Recovery, Everything You Need to Know to Create a Great Exercise; Emergency Management Exercises: The Instructor's Guide;* and her latest, *Cyber Breach* (released March 10, 2016). She has also designed college-level courses in exercise design.

Ms. Phelps has received numerous honors and awards, including the Business Recovery Managers Association Award for Excellence in Business Recovery Planning, College of the Sequoias' Hall of Fame, ARC's Outstanding Employer, San Francisco Chamber of Commerce's Women Entrepreneur of the Year, and the Small Business Administration's Champion of Small Business. Ms. Phelps was the 1991 Chairman of the Board of the San Francisco Chamber of Commerce, the first woman, the youngest, and first small business owner to ever hold that seat.

## EDUCATION AND CERTIFICATIONS

- Certified Emergency Manager, CEM, International Association of Emergency Management
- High-rise Fire Safety Director
- Masters in Public Administration, San Francisco State University
- Bachelors of Science in Nursing, Arizona State University
- Registered Nurse, State of California

## AUDIO VISUAL PRODUCTIONS

- Author: *Cyber Breach What If Your Defense Fail. Designing an Exercise to Map a Ready Strategy*, Chandi Media March 2016..
- Author, *Emergency Management Exercises – An Instructor Guide*, Chandi Media, February 2012.
- Author, *Emergency Management Exercises – From Response To Recovery, Everything You Need To Know To Design A Fabulous Exercise*, Chandi Media, November 2010.
- Author of numerous white papers all available at <https://ems-solutionsinc.com/resources/white-papers/>
- Lead author/designer – Pandemic Whitepapers – Critical Infrastructure 2007 -2008
  - Utilities
  - Banking and Finance
  - Food and Agriculture
- Writer, producer and on screen talent, "The Year 2000 and the Dialysis Patient." Produced for Satellite Dialysis Centers. October 1999.

- Writer, producer and on screen talent, "Disaster Preparedness and the Dialysis Patient." Produced for Satellite Dialysis Centers. November 1999.
- Co-writer and on screen talent, "Getting Ready for the Big One" a 30 minute cable television community service earthquake program for Viacom, February 1990.
- Writer and talent, "Achieving Peak Performance- Taking Control of Your Life," A stress management and interpersonal performance four audiotape program, 1988.
- "Disasters and the Dialysis Patient- A Guide to Patient Care During A Disaster," Transpacific Renal Network, 1994.
- "Earthquake Preparedness and Child Care Centers" Health Plus 1984

## SPEAKING ENGAGEMENTS

- Please go to [www.ems-solutionsinc.com](http://www.ems-solutionsinc.com) the most up-to-date listing of current and past speaking engagements.

## HONORS

- 2010 First Place awards for the H1N1 (Swine Flu) Pandemic Influenza Blog by *both* the US Council of the International Association of Emergency Managers (IAEM) **and** the IAEM-Global Council. These two First Place Awards were in the Commercial/For-Profit Organization (Division 3) category *Public Awareness Awards*
- 2008 The Critical Infrastructure Pandemic White Papers (2007 – 2008) received the 2008 IAEM Public Awareness Award (Division 3, Commercial or Other For-Profit Organization - First Place - *The IAEM Public Awareness Awards recognize outstanding public awareness programs or public education products related to emergency management, homeland security, and/or disaster preparedness.*
- 2008 Recertified Certified Emergency Manager (CEM)
- 2007 Awarded a grant by Roche to develop Pandemic White Papers
- 2003 Recertified Certified Emergency Manager (CEM)
- 2002 Appointed to CEM Commission, International Association of Emergency Managers
- 2001 Trailblazer Finalist, Women Business Owner of the Year, National Association of Women Business Owners
- 2001 Business Recovery Managers Association Award for Excellence in Business Recovery Planning, for developing the SF Ready Program
- 1999 Business Recovery Managers Association Award for Excellence in Business Recovery Planning
- 1998 Certified Emergency Manager (CEM)
- 1997 Leadership California, 1998 class
- 1995 College of the Sequoias- Hall of Fame inductee
- 1995 Appointed to the Commission on the Status of Women by Mayor Frank Jordan
- 1992 Outstanding Employer of the Year, Association of Retarded Citizens (ARC)
- 1991 Telly Award- "Getting Ready for the Big One" cable television award for pro-bono scriptwriting and acting for the 30 minute community service earthquake program
- 1991 First woman and first small business owner to serve as Chairman of the Board, San Francisco Chamber
- 1990 Outstanding Employer of the Year, Association of Retarded Citizens (ARC)
- 1990 One of the "Ninety People Who Will Influence The Nineties," as reported by the San Francisco Chronicle
- 1989 Outstanding Employer, Association for Retarded Citizens (ARC)
- 1989 Woman Power Award, Women's Yellow Pages
- 1988 Small Business Administration District Director's, Champion of Small Business Award
- 1986 San Francisco Leadership Program- Graduate
- 1986 Outstanding Woman Entrepreneur- Community Service San Francisco Chamber of Commerce,
- 1986 California delegate to the White House Conference on Small Business
- 1985-86 National Trainer for Business and Professional Women (BPW)

### **CURRENT CIVIC ACTIVITIES**

- Board Member Emeritus, International Crane Foundation
- Chairman Emeritus, SF Chamber of Commerce Board of Directors
- Founder, Women's Salon
- Life Member, Sierra Club
- Majority Member, Emily's List
- Member, Business Recovery Managers Association (BRMA)
- Member, Central Emergency Safety Association (CESA)
- Member, International Association of Emergency Management (IAEM)
- Member, National Audubon Society
- Member, San Francisco Chamber of Commerce

### **PAST CIVIC ACTIVITIES**

- Advisory and Founding Member, International Museum of Women
- Board member, California Advisory Board, Trust for Public Land
- Board member, California Advisory Board, National Audubon
- Board Member, Animal Protection Institute 1997-1999
- Board Member, Business Arts Council, 1994-95
- Board Member, Committee on Jobs 1990-1999
- Board member, Friends of the Urban Forest 2003-2005
- Chair, Blue Ribbon Panel, SF Community College Strategic Plan, 1993
- Chair, The Cyril's Luncheon, Business Volunteer for the Arts, 1995
- Chairman of the Board, San Francisco Chamber of Commerce, 1991
- Co-Founder, SF Ready, a collaborative effort between the business community and the City of San Francisco on emergency management issues. Meets bi-monthly.
- Commissioner, Commission on the Status of Women 1995-1999
- Member, Community Committee, San Francisco Food Bank 1996-97
- Mentor, Small Business Administration Women's Mentorship Program 1991-97
- Member The ARC Business Advisory Committee (Association for Retarded Citizens)
- Past Board Member, Lick-Wilmerding High School
- Past Board Member, Northern California Health Care Marketing Association 1982-1988
- Past Chair of the Education Committee 1985 & 1986, San Francisco Chamber
- Past Chair of the Small Business Council 1987, San Francisco Chamber
- President Professional Women's Network, 1994